



Accredited CPR training – at special rates for SAPA members

C.P.R. & Choking Course – 3 hours

Our CPR course covers current global protocols for performing CPR. The course is interactive and employs instructional design methodology to ensure you enjoy learning and retain much more than you would on an average course. We endeavor to ensure that participants will be able to help in an emergency.

You will learn how to:

- perform CPR on adults, children and infants
- help a choking adult, child or infant
- deal with a life threatening emergency

Without oxygen your client or loved one's brain will start to die within 4 minutes. These skills could help revive the patient or at least keep them alive long enough for medical help to get to you.

You will receive:

- CPR certificate valid for 2 years
- 40 page full colour CPR booklet
- South African Resuscitation Council competency card
- CPR mouth piece
- 2 CPR memory cards
- CPR surgical gloves
- key ring pouch

Course dates:

Pretoria (1)	Friday 7 September 2012	13h30 – 16h30
Pretoria (2)	Saturday 8 September 2012	09h00 – 12h00
Pretoria (3)	Saturday 8 September 2012	13h30 – 16h30
Johannesburg (1)	Friday 26 October 2012	13h30 – 16h30
Johannesburg (2)	Saturday 27 October 2012	09h30 – 12h30
Johannesburg (3)	Saturday 27 October 2012	13h30 – 16h30
(Cape Town dates TBC)		

Course Fee: R350

Early Bird Special is R320 per person, if paid by end July (Pretoria) and by end August (Johannesburg)

Please note: Course space is allocated as payment is received, space is limited.

To book, email the following details to info@sapilatesassociation.org.za:

- Firstname & Surname (as you want it to appear on your certificate)
- I.D. number
- Cellphone number
- SAPA or REPSSA membership number
- Indicate which session you are booking for (venue, date and time)

We will confirm if space is available for the selected date and forward payment details to you.

The course is facilitated by PulsePoint and is fully accredited and recognised by:

Resuscitation Council of South Africa
The American Heart Association
Discovery Vitality
American Red Cross® (ARC)
American Heart Association®(AHA)

ILCOR Guidelines aligned (2010 Global standards on CPR & First Aid)
Health Professions Council of South Africa (HPCSA)
South African Resuscitation Training Center
Faculty & Executive Member